

# COTTON TREE'S AUTHENTIC TRADITION CONTINUES WITH NEW CAYMANIAN COOKOUTS

*Boutique resort works with local artist to construct a caboose grill, bringing classic Caymanian cuisine to its guests.*

**Grand Cayman** – A treasured culinary tradition has found a new home on Grand Cayman. Now visitors can experience a distinctive taste of the Caribbean within the serene, natural confines of Cotton Tree—the Cayman Islands' first boutique cottage hotel to combine authentic local flavor, private cottages and luxurious modern conveniences.

It all centers around a traditional cooking structure called a caboose. Similar to a barbecue grill but constructed from local hardwoods, a Caymanian caboose is a wood-fire grill that relies on a layer of sand to protect its wood base from burning. Cotton Tree worked with Chris Christian, a local artist, to design and build a special caboose, complete with a thatch wattle and roof, to fit amongst the grape trees on the Cotton Tree grounds.

Cotton Tree takes pride in authenticity and strives to celebrate the unique customs of the Cayman Islands. With the unveiling of Mr. Christian's caboose, Cotton Tree guests can look forward to yet another island specialty. Here are some special features guests will enjoy:

- Just steps away from the beach, local chefs will be able to serve up fried fish, fritters wrapped in sea grape leaves, limeade made from local limes, and other Caymanian delicacies

- Caboose cooking uses local hardwoods like the sea grape tree, which produce less smoke, yield a taste better than charcoal, and impart a pleasant whiff of fruit flavor to the food
- Cooking demonstrations will reveal the techniques used in Caboose cooking so guests can give old-time Caymanian cooking a try at home

Mr. Christian was born and raised in the Cayman Islands, and he plays an active role in keeping Cayman's rich cultural heritage alive. He is an instrumental member of the Native Sons art group, and in addition to his art, he strives to reinvigorate everyday-life traditions like thatch rope weaving and cooking on the caboose. These qualities made him a perfect match for Cotton Tree.

### **About Cotton Tree:**

*The Cayman Islands' new luxury hideaway, Cotton Tree, on the northernmost point of Grand Cayman (just 10 minutes from the famed Seven Mile Beach), beautifully evokes the spirit of the Cayman Islands with its pastel-hued, plantation-style cottages just steps from the Caribbean Sea and lush garden setting of tropical flowers and avocado, guava, mango and cotton trees for which the hotel was named. Owner Heather Lockington, a global traveler who was born in the Cayman Islands, built her dream property in West Bay, creating an authentic haven where guests could embrace Caymanian heritage. Four 1,600 square foot two-bedroom beachfront cottages resemble fully equipped houses featuring "Caribbean chic" décor, classic contemporary furnishings, French doors overlooking the sea, plasma TVs, state-of-the-art Kitchen Aid appliances, and more. Additional amenities include a freshwater swimming pool, fitness center and yoga and spa pavilions nestled among seagrape trees, perfect for a sunset massage. A personal chef can whip up gourmet meals accompanied by wines chosen by a sommelier, or Cotton Tree is a quick drive to Grand Cayman's best restaurants. Hotel services such as a reception/concierge, bellhop, housekeeping and turndown on request are also featured.*

